



Megan's Mission: Empowering Others with Dyslexia

What is Megan's Mission?

My mission is to spread awareness about early intervention for dyslexia. I know firsthand how critical an early diagnosis is for a young child because I was diagnosed at six years old with dyslexia. When I was beginning to try to learn to read in kindergarten, my parents noticed that something was a little different. I could not recognize the words that were repeated from one page to the next as is common in children's books.

My school did not have an early screening program for dyslexia. In fact, my parents had to hire a reading coach to help me learn to read. That coach helped my parents find someone to test me for dyslexia. That led my parents on a journey to find resources that could provide therapy to help me. Without that intervention, my story could be much different than it is now.

What is Dyslexia?

Dyslexia is a neurological condition that is most often characterized by having difficulty in learning to read. The brains of people with dyslexia are wired differently.

How do children with Dyslexia learn to read?

Most children with dyslexia will be taught using a phonics technique that is multisensory such as the Orton-Gillingham approach.

Did You Know?

According to the International Dyslexia Association, dyslexia affects approximately 1 in 10 individuals.

What can you do if your child is having difficulty learning to read?

The first step is to talk with your child's pediatrician. You can also talk with your child's school. In order to diagnose dyslexia, your child will need to be screened. Some of these screenings can be done at school and others can be done by providers of dyslexia services.

There are many providers for services in our area. The local Alabama branch of the International Dyslexia Association is a good place to start to find resources, <https://al.dyslexiaida.org/> Alabama Game Changers is another non-profit organization that can help <https://alabamagamechangers.org/agc/>

Please feel free to contact me if I can help!

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